

YOUR JOURNEY. OUR PURPOSE.

WHO TO REFER TO US

Any woman/patient/client who is pregnant or has just given birth and has told you the following:

- I'm not sure if I'm ready to be a mother
- I'm scared to tell anyone that I'm pregnant
- My boyfriend doesn't want us to keep the baby
- I'm struggling with addiction and don't feel like I can parent
- I'm expecting that child welfare will not allow me to parent my child and I'm interested in understanding my options
- I'm uncertain if I can parent a child with special needs
- I'm really struggling with parenting
- I have an open case with children's services
- I can't afford to keep this baby
- I'm not sure I can keep this baby or take him/her home

WHAT FREE SERVICES WE PROVIDE

- Counseling without pressure to help women and couples explore all their options, which include: parenting, adoption, kinship care, foster care, and abortion
- Perinatal case management and referrals to other reliable resources as needed
- Newborn and infant respite care for parents who have just given birth and are still considering their options
- Adoption planning, which includes selecting an adoptive family and type of ongoing contact
- Free attorney to explain and explore their rights and options
- Allowable financial assistance for pregnancy-related expenses





HOW TO REFER A PATIENT OR CLIENT TO US

Our social workers are available 24 hours per day, 7 days per week. Please contact us:

• CALL: 1-800-321-LOVE (5683)

• TEXT: 646-306-2586

• EMAIL: helpline@spence-chapin.org